







TOMORROW

International Anti-Doping Seminar in Asia and Oceania

Reuniting the Clean Sport Community: with a Living Legacy to Preserve the Values of Sport



SCHEDULE

14, 15 December 2022 **AM : Tokyo Session PM : Hybrid Session** & JAPAN Olympic Museum Tour (14 December)

The Japan Anti-Doping Agency (JADA), in partnership with the World Anti-Doping Agency (WADA) and under the auspices of the Japan Sports Agency of the Japanese Government, held the "2022+ International Anti-Doping Seminar in Asia & Oceania", on 14-15 December 2022.

This was the 16th edition of the annual International Seminar, and it attracted over 200 participants both in Tokyo and online under the theme: "Reuniting the Clean Sport Community: with a Living Legacy to Preserve the Values of Sport". The National and Regional Anti-Doping Organisations (NADO/RADOs) from Asia and Oceania gathered in Tokyo for the first time after 3 years due to COVID-19 restrictions. During various sessions, all the participants had the chance to exchange their experiences and practices for developing effective programmes to create a clean sport environment.

The opening remarks for the hybrid session were made by Mr. Ide Yosei, the State Minister of the Ministry of Education, Culture, Sports, Science and Technology (MEXT) and the Executive and Foundation Board member of WADA representing Asia. Mr. Witold Bańka then reflected on how the clean sport community showed resilience, particularly in realising the Tokyo2020 Olympic and Paralympic Games, and highlighted the significance of "PLAY TRUE 2020, Sport for Tomorrow", Tokyo2020's legacy project, for the global play true movement.

Over the two days, the Asia-Oceania clean sport community collectively gathered the momentum to make their programmes better-equipped. Following the International Seminar, the Southeast Asia RADO (SEARADO) and JADA organised a workshop to reflect on the seminar and discussed their respective action plans.

DAY 1 : AM Tokyo Session





Prof. Akama Takao JADA Chair

Opening Remarks

Prof. Akama Takao, JADA Chair, opened the annual International Seminar. He conveyed his warm appreciation to all who contributed in organizing this seminar in a hybrid format, for the first time in 16 years. Reflecting back on the difficulty of hosting the Tokyo2020 Games, Prof. Akama expressed his delight in being "reunited" after three years to raise the Games together.

WADA Code Compliance Questionnaire: Trends and Analysis of Asia & Oceania

Mr. Kevin Haynes, WADA's Associate Director, Compliance, Rules and Standard, shared some trends and analysis from the Code Compliance Questionnaire (CCQ) as well as the guidance for a better practice by Anti-Doping Organizations (ADOs).

He congratulated the Asia region on their investment in Education as worldleaders. As CCQ is upcoming, Tier 3 and 4 NADOs received some food for thought and some actions for considerations.



Mr. Kevin Haynes Associate Director, Compliance, Rules and Standard, WADA



Mr. Tim Rickets Director, Testing, WADA

WADA Code Compliance Questionnaire: Analysis from Testing and the 2023 International Standard for Testing and Investigations (ISTI)

Mr. Tim Rickets analyzed non-conformities in Testing from the CCQ. He illustrated the details of each section outlining the critical elements, and how WADA assesses each of these. The major changes in the 2023 ISTI, including the introduction of the Dried Blood Spot (DBS) as an optional testing method, were highlighted.

CCQ Experiences for Better JADA Strategies

Mr. Asakawa showed the structure of JADA and outlined its institutional and operational independence, focusing on the independence of the hearing panel in Japan, in particular.



Mr. Asakawa Shin JADA CEO

Anti-Doping Norway Strategies

Mr. Lauesen reflected on the process of answering CCQs and how ADNO dealt with the corrective actions. His message on "Don't get too frustrated about the CCQ" and "ensuring the preparations as a team" became the strongest message for the participants.



Mr. Martin Holmlund Lauesen Director of International Relations and Medical, of Anti-Doping Norway (ADNO)

WADA's Resources

ADEL (CISP) : <u>https://adel.wada-ama.org/learn</u>

Guidelines : https://www.wada-ama.org/en/news/wada-publishes-revised-international-standards-and-updated-guidelines Webinar : https://www.wada-ama.org/en/events/webinars





Mr. Ide Yosei The State Minister



Mr. Witold Bańka WADA President

Host Welcome & Keynote Welcome

Mr. Ide Yosei, the MEXT State Minister, welcomed this 16th edition, marked as a "reuniting" opportunity for the Tokyo and online participants. Mr. Ide mentioned how Tokyo2020's living legacy continues with PLAY TRUE 2020, Sport for Tomorrow, placing its sporting values at its heart. He stressed that partnership and collaboration are the keys "to expanding the value of sport around the world".

WADA President Witold Bańka gave the keynote address by saying: "I want to thank the Japan Sports Agency and JADA for running this seminar in partnership with WADA. It is a great opportunity to listen to one another, strengthen existing connections, build new relationships and reflect on our role as leaders of the anti-doping movement." He stressed the importance of such partnerships like with JADA for building the capacity of the clean sport community; as well as Education, from playground to podium, as the "single solution" against doping.

Athlete Cross Talk: Reuniting the Clean Sport Community for Future: All be the PLAY TRUE Creator!

The panelists shared their experiences, lessons learnt and take-away messages as role model athletes who work for their respective ADOs. All athletes had someone inspired them to 'play true'. Dr. Murofushi explained how his father – also an Olympian – influenced him to be truthful to any commitments he has made. Ms Portia Bing stressed how the athletes themselves and their support personnel can make "antidoping a safe workplace".

Now that WADA's Athlete Council is to begin, Ms Yang Yang talked us through the much-anticipated athlete's engagement via WADA's governance reform. All the panelists reminded the practitioners for clean sport that athletes are passionate about sport that is clean and true.

The panelists as the role model athletes, then recommended ways how ADOs can be resilient, innovative and creative to reach the athletes with passion, even though they may face practical difficulties in achieving shared goals.



Panelist Ms. Yang Yang OLY Vice-President, WADA

Dr. Murofushi Koji OLY Commissioner, Japan Sports Agency

Ms. Portia Bing Athlete Commission member, Drug Free Sport New Zealand

Moderator

Dr. Yamamoto YaYa & Ms Saito Rika OLY



Dr. Murofushi Koji



Mr. Olivier Niggli Director General, WADA

2023+ WADA Strategies: Raise the Bar Together

Mr. Olivier Niggli, Director General, WADA, presented a wide range of WADA Governance Reforms, which starts in 2023 after six years of extensive consultation. WADA is working with stakeholders like NADOs/RADOs, IFs, ITA and iNADO in order to increase WADA's capacity, for which stronger collaboration is a must. Fostering meaningful athlete engagement is also at the core of the reform and the 2025 World Conference on Doping in Sport in Busan will be one of the opportunities to discuss the shared momentum.

Raise the Bar through Education (I): Outcome from the Global Education Conference and sharing practices

Dr. Yamamoto Yaya, WADA Education Committee member, shared the outcomes from the Global Education Conference held in Sydney, September 2022. Echoing Mr. Bańka's stressed point about the needs of "re-balancing the system between catch-and-punish and prevent-and-support", Dr. Yamamoto reemphasized that "all athletes start sport clean" and the significance of ISE's principle, "Education before testing" and "Education before competitions". The ISE guides ADOs to structurally approach education programmes to ensure the athletes stay clean throughout their careers. She highlighted how ADOs can benefit by learning from each other to find regional and local solutions.



Dr. Yamamoto Yaya Director, JADA and a member of the Education Committee of WADA

DAY 2 : AM Tokyo Session

Ensuring a Clean Sport Environment for All: Sharing CCQ experiences for Quality Practices and Improve Together

Tokyo participants were split into three groups to share their experiences in the implementation of the Testing and Education programmes and CCQ.

"Compliance Maturity" was the key term in light of through the CCQ processes, ADOs can evolve for better.



Workshop A: CCQ Trends in Testing and Testing Programme Development

After sharing the further analysis of the CCQ on Testing by Mr. Tim Ricketts, Mr. Iizuka Nobuyuki shared how JADA dealt with some CCQ questions, particularly on the DCO recruitment and training. Mr. Gobinathan Nair highlighted some regional learnings on testing and also shared the regional challenges, like changing mindsets and finding the right people for the right job. Each group discussed one of the topics below:

- 1) How do you monitor, evaluate and update your TDP and Risk Assessment?
- 2) How do you review RTP/Testing Pool athletes' Whereabouts Filings to ensure the mandatory information is filed?
- 3) How do you ensure DCO training programmes are theoretically comprehensive and how do you monitor and ensure their retention?

Workshop B: CCQ Trends in Education and Education Programme Development

Building on the trends in Education from the CCQ, Dr. Yaya Yamamoto explained how the streamlined national education framework intends to ensure 'educating from playground to podium'. She stressed how each NADO/RADO can work with the national stakeholders, through identifying the education target groups, to share responsibilities for a clean sport environment. Dr. Maira Bakasheva shared how they worked with JADA on their members' preparations for developing their Education Plan. By recapping the minimum requirement set in ISE, the participants discussed how they can go beyond the minimum aiming for better, on the following points:

1) How did you identify the Education Pool and how did you set the learning objectives?

- 2) How do you train the Educators? What does (should) Educator training look like (including setting their competencies)?
- 3) How do you ensure the ISE principle on "athlete's first experience with anti-doping" can be met?



Mr. Iizuka Nobuyuki JADA Testing team



Mr. Gobinathan Nair SEARADO Director General



Dr. Maira Bakasheva RADOCA Chairperson



Code Compliance Monitoring: Trends for Future Development

By illustrating the seven-years of CCQ as "what we know" and "what we don't know", Mr. Haynes outlined WADA's future perspectives with the compliance monitoring programme, including an analysis of causal links between, and complexities of, corrective actions and the

possible use of data analytics from monitoring and regular review of key critical areas. "Compliance Maturity" is the key term for all ADOs compliance becomes business as usual; structures and processes are embedded, non-conformities are reduced even further through selfassessment and self-correction.



Mr. Kevin Haynes

Key Cases and Issues under the 2021 World Anti-Doping Code

Mr. Ross Wenzel, WADA General Counsel, shared key cases and issues under the 2021 Code. As per the Code, in results management cases with non-specified substances, an athlete's 'intent' must be established, meaning their conduct might constitute or result in an anti-doping rule violation and be construed that they manifestly disregarded that risk, even in supplement cases. Mr. Wenzel also illustrated that over the years, the Code has increased flexibility in eligibility under specific circumstances, both for increase and reduction. It was highlighted that learning from cases could help ADOs to improve their anti-doping programme more effectively.



Mr. Ross Wenzel WADA General Counsel



Ms. Sophie Berwick The International Testing Agency (ITA)

ITA for Paris2024: Lessons learned from Tokyo

Ms. Sophie Berwick of ITA shared the plans for anti-doping programmes in the lead up to, and at, the Paris 2024 Olympics. She expressed the importance of continuous education and sending values messages, like from the example of PLAY TRUE 2020; and how JADA worked for the Tokyo2020 Games. Ms. Berwick emphasized that each stakeholder needs to work together and optimize the resources for collectively ensuring a clean Games.

Raise the Bar through Education (II): Tokyo2020 Living Legacy and the Real Champion Education Package Materials

The continuous 'legacy-living' project through PLAY TRUE 2020 was presented by Ms. Hori Sayaka of JADA. To achieve a sustainable sporting future, children and athletes of the world have shared their meaning of sporting values, which came together as "SPORT & ART". This tangible legacy project has continued even after the Tokyo2020 Games. Ms. Hori shared some examples of how JADA works continuously with Asia-Oceania colleagues through education programmes.



Ms. Hori Sayaka JADA

CLEAN

ATHLET

JAPAN Olympic Museum Tour

After DAY 1, the Tokyo participants joined the "Olympic Museum Tour" inside the JAPAN SPORT OLYMPIC SQUARE. The Tour was guided by the members of the Japanese Olympic Committee, and this gave a great opportunity for the clean sport practitioners to reflect on the "play true spirit" in light of Olympism.





The "Real Champion Education Package" is an original, nonverbal, comprehensive collection of education materials on both "values and integrity of sport" and "anti-doping". It aims to promote the clean sport education in the world. JADA shared practical examples at the booth during the seminar. Some participants shared how they have customized the package for their education

target groups and requested additional materials. "Clean Sport: Athlete Guide" is now available in English for youth/talented and senior (National/International-Level athletes.)





SEARADO x JADA Joint Workshop:

"Code Compliance for Better Practices: Reunited to Raise the Bar Together"

Highlighting eight years of partnership between SEARADO and JADA, the joint workshop was organised right after the International Seminar addressing two important topics: Operational Independence and Education. SEARADO Director General, Mr. Gobi Nair, commented that "This



workshop is absolutely fun and engaging, which also gives us the opportunity to reflect on our learning and bring our region's practices higher." The SEARADO member countries also had fun with education activities for youth with JADA's original initiatives.

WADA

Media Coverages WADA partners with Japan Anti-Doping Agency for International Anti-Doping Seminar for Asia-Oceania

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through our strong partnership to













